

# International Travel Checklist

## Documents

- Valid passport (6+ months validity)
- Necessary visas
- Printed/digital copies of passport, visa, and ID
- Travel insurance details
- Flight tickets or boarding pass
- Accommodation confirmations
- Emergency contact list
- Credit/debit card copies (for emergencies)

## Health and Safety

- Required vaccinations or medications
- First-aid kit (band-aids, pain relievers, antiseptic, etc.)
- Prescribed medications (in original packaging)
- Hand sanitizer and face masks
- Travel-size sunscreen and insect repellent

## Finances

- Notify the bank of travel dates and destinations
- Local currency or travel card
- Backup cash in USD/EUR (widely accepted currencies)
- Emergency funds

## Technology and Communication

- Mobile phone (unlocked for international SIM)
- International SIM card or activated global roaming
- Portable power bank
- Universal power adapter
- Download essential apps (maps, translator, ride-hailing)

## Luggage

- Checked luggage packed (per airline weight limit)
- Carry-on bag with essentials:
  - Passport/visa
  - Valuables (electronics, jewelry, etc.)
  - Snacks and water bottle
  - Change of clothes
  - Travel pillow and blanket

- Weather-appropriate clothing
- Comfortable walking shoes
- Lightweight jacket or raincoat
- Toiletries (travel-size)

### **Travel Preparations**

- Confirm flight times and check-in online
- Print/digital boarding pass
- Research destination rules and local customs
- Pre-book tickets for popular attractions
- Arrange airport transfers

### **Final Checks**

- Lock all windows and doors at home
- Adjust thermostat and unplug non-essential electronics
- Notify family/friends of your travel plans
- Leave house keys with a trusted person